

# KINESIOLOGY DIPLOMA

Penticton Campus



## The Program

Kinesiology program involves the study of physical activity and its impact on health, society, and quality of life. It includes areas of study such as exercise science, athletic training, socio-cultural analyses of sports and society, sport and exercise psychology, fitness leadership, physical education-teacher education, and pre-professional training for physical therapy, occupational therapy, medicine and other health related fields.

## Employable Skills

The Kinesiology Diploma program helps students build skills that they can apply to a variety of career options in fitness, recreation, sport, education, and health. Students develop skills for general employability and academic success including information literacy, written and oral communication, numeracy and computer skills, critical and creative thinking, leadership, interpersonal, and professional skills.

## Benefits to Employers

- A proven cost-effective method of meeting human resources needs
- Co-op students are available: **May - August**
- Graduates are available in **May**
- An opportunity to hire short term employees to help businesses with temporary needs without costly advertising
- Access to a pool of motivated, temporary employees for special projects, peak periods, vacation relief, and coverage

## Funding Options for Employers

- ACE-WIL: <https://co-op.bc.ca/employers/funding-resources/>
- Magnet: <https://magnet.today/large-employer>
- Biotalent: <https://www.biotalent.ca/programs/student-work-placement-program/>

## Hire an Okanagan College Co-op Student

For more information email [careershub@okanagan.bc.ca](mailto:careershub@okanagan.bc.ca)

*Co-op department staff are registered with the Co-operative Education and Work-Integrated Learning Canada (CEWIL Canada)*

# KINESIOLOGY DIPLOMA

You will find Kinesiology students to be:



## Interested

in human health and performance



## Committed

to making positive changes and helping others



## Dynamic

complex problem-solvers



## Ready

to adapt and overcome challenges



## Active

community leaders in sport, recreation, fitness, and wellbeing

## Recommended Co-op Schedule for Kinesiology Diploma

September - December	January – April	May - August
Academic Term 1	Academic Term 2	Work Term
Academic Term 3	Academic Term 4	Graduation



Employers are encouraged to recruit up to four months prior to work terms and/or graduation.

## Program Structure

The Kinesiology program has been designed with the following major options:

- Kinesiology Diploma - Fitness Option
- Kinesiology Diploma - Health Science Option
- Kinesiology Diploma - Recreation Option
- Kinesiology Diploma - Education Option

